



CLUB HANDBOOK

2026 - 2027



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Welcome to the Furzedown Lions family where we are more than just a football club. We believe football teaches life lessons, so what will your child learn while being part of our club? He/she will develop their natural persistence, determination, discipline, dedication, resiliency, work ethic, heart, leadership skills, connection with, and respect for others.

‘Hold the vision, trust the process and enjoy the journey’.

Our club is all based on team work. All the talent in the world won't take you anywhere without your teammates. Don't aspire to be the best on the team. Aspire to be the best for the team.

CLUB VISION:

Our aim is to create a welcoming environment that is fun, safe, positive and diverse for children to play football.

CLUB COMMITTEE

The club have the correct personnel in place to ensure you/your child's needs are met.

- CLUB CHAIRMAN - Jamie Milton
- SECRETARY - Natalie Milton
- CLUB WELFARE OFFICER - Jamie Milton / Natalie Milton
- TREASURER - Natalie Milton
- PARENT COMMITTEE - All of YOU!



OUR CLUB/YOUR CLUB

Furzedown Lions FC was founded in 2015, but previously went under the name London Bari and HackneyWick FC. It all started in 2015 where we joined London Bari Football club as their only south west London team, we started with 1 team at under 11's who in 10 years have gone from strength to strength.

The journey and natural growth is something we are very proud of and we aim to continue the amazing work set out by the club and by all of you.

The club has had a large number of successes over the years from league promotions to league wins to amazing cup final journeys. Some won and some lost but again huge and very proud achievements for the lions.

With the club now standing with 13 teams between the ages of 7 and 17/18 the growth has been a reward to the success over the past 10 years.

As a club we pride ourselves on being as competitive as possible without the win at all cost mentality. By this we want to ensure players are developed, coached and pushed to their maximum potential. However ensuring to maintain a realistic benchmark when setting out the seasonal goals and targets.

We look forward to welcoming the boys and parents to our Furzedown family.

We are a FA Charter Standard club, which means that we run the club to the standards and procedures that have been set by the football association (the F.A).



OUR COACHES

- As a minimum at least one team coach will have (or working towards) the F.A level 1 award in coaching football, which includes modules on first aid and safe guarding.
- All our coaches have a passion for football and coaching young players.

There is a lot to do as a coach. Please recognise they do this in their “spare time” and they therefore appreciate any support parents can give, such as parents helping set up or help put away equipment at the beginning and the end of sessions. And parents support on match days this is supporting the team as well as helping to be a referee or linesmen because as coaches we cannot do it all. Our coaches will aim to develop the whole player and not just their football skills using the 4 corner guide. At our club we nurture talent whilst developing our players confidence, creativity, connection with others and character.

Our coaches put the children, their needs and their safety first at all times. Our coaches will motivate and encourage players to be the best they can be. They will be fair, considerate and listen to players. Our coaches will celebrate success and promote co-operation, friendship and good sportsmanship.



COACH ZAK - UNDER 8

COACH JACOB and THAAYKAN - UNDER 8 REDS

COACH JEROME and STEF - UNDER 9

COACH RYAN - UNDER 9 REDS

COACH JORDAN and JONATHAN - UNDER 10

COACH PETE, COACH DOM, COACH FRAN - UNDER 10 REDS

COACH JAMIE and TOMMY - UNDER 11

COACH IAN and COACH STU - UNDER 11 RED

COACH MICHAEL - UNDER 12

COACH JAMIE and COACH NAT - UNDER 13

COACH TBC - UNDER 15

COACH JOEL - UNDER 16

COACH JAMIE - UNDER 17/18



CODE OF CONDUCT FOR COACHES

- Coaches must respect the rights, dignity and worth of each and every person and treat each equally within the context of the sport.
- Coaches must place the well-being and safety of each player above all other considerations, including the development of performance.
- Coaches must develop an appropriate working relationship with each player based on mutual trust and respect.
- Coaches must not exert undue influence to obtain personal benefit or reward.
- Coaches must encourage and guide players to accept responsibility for their own behaviour and performance.
- Coaches must ensure that the activities they direct or advocate are appropriate for the age, maturity, experience and ability of players.
- Coaches should, at the outset, clarify with the players (and, where appropriate, parent) exactly what is expected of them and also what they are entitled to expect from their coach.
- Coaches must co-operate fully with other specialists (e.g. other coaches, officials, sports scientists, doctors, physiotherapists) in the best interests of the player.
- Coaches must always promote the positive aspects of the sport (e.g. fair play) and never condone violations of the Laws of the Game, behaviour contrary to the spirit of the Laws of the Game or relevant rules and regulations or the use of prohibited substances or techniques.
- Coaches must consistently display high standards of behaviour and appearance.
- Not to use or tolerate inappropriate language.



PLAYERS CODE OF CONDUCT

- Respect teammates, coaches their opponents and match officials at all times.
- Follow the rules of the game and encourage fair play.
- Give maximum effort and try their best, both at training and during matches.
- Respect decisions made by coaches and match officials.
- Set a positive example to the players and never use inappropriate language.
- Accept success and failure, victory and defeat equally
- Look after their own safety, as well as that of their opponents, avoid violence and rough play and help injured opponents.
- NEVER give up
- Make every effort to develop their own sporting abilities, in terms of skill, technique, tactics and stamina.
- Player's must understand that they risk a reduction in match minutes if they fail to attend training on a regular basis.



CODE OF CONDUCT FOR SPECTATORS:

- Remember that children play organised sports for their own enjoyment, rather than for your entertainment.
- Be on your best behaviour. Do not use bad language or harass, physically or verbally, players, managers, coaches, referees or linesmen.
- Applaud all good play by your own team and the other team.
- Show respect for your team's opponents. Without them there would be no game.
- Never ridicule or scold a child for making a mistake during a game.
- Condemn the use of violence and verbal abuse.
- Respect the referee and linesmen's decisions. Remember he/she is only human with the same feelings as you and like you sometimes makes an honest error.
- Encourage players always to play according to the Laws of the Game.
- Read the Laws of the Game to better understand what you are looking at, and commenting on.
- Avoid coaching your child during the game.
- Act in the best interests of the club, its players and coaches and encourage others to do the same.
- Raise any concern with the coaches or the club committee at the most appropriate time and not turn to social media to vent frustrations or cause problems on the side lines.



PARENTS COMMITMENT

- We are more than just a football club, we care so we ask for parents to have a commitment along the way too.
- The football season is from September - May with pre-season and some tournaments friendly in the summer months.
- We ask for parent/carers to commit to this before the season starts, it is extremely hard to help a 'player' or 'team' develop when many players are away or can't make training.
- We ask parents/carers to commit to come and support the team when you can within the season, all our home games we make as local as we can.
- We ask parents to commit that they will ensure their child is at training and on time.
- We ask that parents ensure players are at matches on time for team talk and warm up to eliminate disturbance to the rest of the team.
- We ask that parents support the whole team on match days.
- We ask that you support the whole club, if a team reaches a final or competition play off we ask that you come along to support the team/club.
- If you have plans to be away on a scheduled match day please give us at least 28 days notice this is a league rule and prevents the club getting a fine.
- Every player must have a parent/carers up to date phone number. If you are away and someone else has responsibility for your child during that time we need the details for that person.

Now your child is part of a football team it's not drop in sessions so training is just as important as match days. Players will only play to their best potential if they train in the same way.



- We need Parents and family members help with roles such as linesmen and referees (This can not be done by the Coaches).
- If a coach referees they can not talk to the players and coach.
- If a coach is a linesmen its a lot of pressure to coach as well as watch the line and watch the welfare of the players.
- The club needs parents, friends or relatives to help. Details for matches will put up to give time for people to step forward. This can be done on a rotating basis if easier.

Our Coaches really do need help, without any help it mean matches are at the risk of being called off.

TRAINING - please note the club may Enforce its No train NO play policy for the consistent Missing of training with the team.



Winter Training days will follow ASAP:

UNDER 8s

UNDER 8s REDS

UNDER 9s

UNDER 9s REDS

UNDER 10s

UNDER 10s REDS

UNDER 11s

UNDER 11s REDS

UNDER 12s

UNDER 13s

UNDER 15s

UNDER 16s

UNDER 17/18s

We expect players to arrive promptly to avoid disrupting the team warm up. If your child is unable to attend for any reason, please make contact with the coach at the earliest opportunity so they can plan ahead.

Please ensure your child comes to training in black bottoms (shorts or trousers) and their Furzedown Lions training top, and jacket if they have one/ Also please ensure that your child has enough water/juice.



KIT

Please note that we have a home and away kit for outfield players. Matchday kit is compulsory and can be purchased via Jamie at the club. The link will be on the club website shortly to order and pay for kits.

The home kit consists of the RED SHIRT, RED SHORTS, BLACK SOCKS.

The away kit consists of the GOLD SHIRT, NAVY SHORTS, NAVY SOCKS

The Goalkeeper kit colours Vary but in general they are orange or pink

Please note that the kit is for you to keep and does not need to be returned to the club at any point. In return should you need replacements or size upgrades this will be your responsibility.

FAILURE to go to a game with the incorrect kit may result in your player not being able to take part in that match.



Membership subscriptions (fee's)

The annual registration fee is due for ALL player's each season

The level of subs is set annually by the club committee.

Registration £140.00. Payments due: £70 1st SEPTEMBER and £70 1st OCTOBER 2026. Alternatively if you wish to make 1 payment the FULL £140 will be due by 20th SEPTEMBER 2026. This is compulsory to all players both existing and new. Please note that should this payment be missed your player will be unavailable to train or play with the club.

- The club have made the decision to increase the monthly membership fee to **£40.00**. The increase of £5.00 per month is the first time in 4 years we have increased the fees. If your player plays for 2 ages groups with the lions the monthly fee is £50.00 per month total. Please note this due on the 1st of every month. Should your monthly payment be missed your player will not be available to train or play. Fees apply for the full month whether or not you are available as the club has a monthly membership . Please note we are not a pay as you play football club. Please ensure this is set up to go into the club account on the 1st to the club account only as shown below:

MR J MILTON

ACCOUNT NUMBER: 4 0 4 9 2 5 6 9

SORT CODE: 23 - 05 - 80

Reference: Childs Name/Names

Please note that the monthly membership fee will cover ALL TRAINING AND MATCHES AND LEAGUE APPOINTED REFEREES FOR THAT MONTH as well as pitches and other costs. Should matches be cancelled there will be a training session in its place. This is weather permitted and unless Wandsworth or local councils forbid any training from teams.



MATCH DAYS:

Please let your coach know if you are unavailable for matches at the earliest opportunity to ensure there team can go into the upcoming games as prepared as possible.

ALL AGE GROUPS apart from the UNDER 13s play on a Saturday with the 13s playing on Sunday's.

Games will always differ in kick off times and will vary anywhere between the hours of 9:30 am and 2pm (3pm in the summer months).

The club will aim to give you the match details at the earliest opportunity but please be aware that league rules allow a club to confirm pitch locations and times up until a Tuesday.

The CLUB will only ever update the group icon ONCE the opponent has CONFIRMED their attendance.

This is done to avoid confusion for the upcoming games

The club will update the group icon each week indicating the match location and meet time. The meet time is the time to get there as its an important period for your coaches. This time before allows a warm up, a tactic conversation, starting lineups and so much more so PLEASE do get to games for the requested meet time n to just for kick off.



KEY CONTACTS CONTACTS

Jamie Milton - Club Chairman - 07407054770 -
manager.furzedownlionsfc@hotmail.com

Natalie Milton - Club Secretary - 07469899351 -
secretary.furzedownlionsfc@hotmail.com

Jamie Milton - Club Welfare Officer - 07407054770 -
manager.furzedownlionsfc@hotmail.com

Natalie Milton - Club Tresurer
secretary.furzedownlionsfc@hotmail.com

CHILD WELARE:

Should you feel the need to raise any issues regarding the Welfare of any Player/s DO NOT HESITATE to contact your CLUB WELFARE OFFICER

- Jamie Milton 07407 054 770
manager.furzedownlionsfc@hotmail.com
- alternatively YOU can contact the LONDON FA Welfare Manager Charmain Duberry on 07938489199 or safeguarding@londonfa.com

NSPCC 24 hour FREE and Confidential helpline - 0808 800 5000 or on
help@nspcc.org.uk



SOCIAL MEDIA POLICY:

Social Media sites such as Facebook, Instagram, Twitter, YouTube, X, as well as What's App, Forums and Blogs are exciting avenues expressing creativity, and sharing interests and knowledge. Participation in these online communities for the benefit and enjoyment of Furzedown Lions FC is therefore supported.

The FURZEDOWN LIONS FC social media policy is guided by the following key principles:

FURZEDOWN LIONS FC wishes to operate in an environment where people show respect for others and their property. Respect is defined as consideration for another's physical and emotional well being and possessions, to ensure no damage or deprivation is caused to either.

FURZEDOWN LIONS FC wishes to operate in an environment that is free from harassment. Harassment is defined as any action directed at an individual or group that creates a hostile, intimidating or offensive environment.

FURZEDOWN LIONS FC wishes to operate in a nondiscriminatory environment. Respect the right, dignity and worth of every human being - within the context of the activity; treat everyone equally regardless of gender, ethnic origin or religion.



Persons to whom this Code applies acknowledge and agree to comply with the disciplinary and Persons to whom this Code applies acknowledge and agree to comply with the disciplinary and grievance procedures supported by FURZEDOWN LIONS FC. If any disciplinary action is taken, persons directly affected shall be given the opportunity to participate in those proceedings and the right to appeal against any decision against them.

FURZEDOWN LIONS FC promotes responsible use of social media and requires its members, when posting about the Club, its players, parents coaches or club endorsed, promoted or conducted events or activities, to observe the following guidelines for responsible social media use.

1: FURZEDOWN LIONS FC requires parents and players to take responsibility for their own words and for the comments allowed on their sites or forums. FURZEDOWN LIONS FC members will not post unacceptable content, and will delete comments that contain it.

Unacceptable content is defined as anything included or linked to that:

- a. is being used to abuse, harass, stalk or threaten others
- b. is libellous, knowingly false, or misrepresents another person,
- c. infringes upon a copyright or trademark
- d. violates an obligation of confidentiality
- e. violates the privacy of others



2: FURZEDOWN LIONS FC members connect privately before they respond publicly. When members encounter conflicts and misrepresentation in social networking sites, they make every effort to talk privately and directly to the person(s) involved—or find an intermediary who FURZEDOWN LIONS FC can do so— before publishing any posts or comments about the issue

3: FURZEDOWN LIONS FC strongly discourages personal attacks. When someone who is publishing comments that are offensive, members will tell them so

4: Anonymous comments are discouraged. All content posters should be required to supply a valid email address before they can post, authorised posters may identify them selves with an alias, rather than their real name.

5: FURZEDOWN LIONS FC prefers members not to respond to nasty comments about them, their group, event or site. If posts veer into abuse or libel, FURZEDOWN LIONS FC supports the use of disciplinary and grievance procedures to resolve issues.

6: FURZEDOWN LIONS FC encourages all members to “think before posting”. Members should recognise that even if posting to a private section of a social networking site comments can appear in public areas through a variety of means and can easily be found. Members should avoid posting something they will regret now or later.



COMPLAINTS PROCEDURE:

- 1: Where a complaint is raised about the conduct of a coach or a parent the rules of the Code of Conduct apply. In the first instance the aim of the club is that issues can be dealt with informally as between the coach and the parent at an appropriate time. An appropriate time is not before, during or immediately after a match or in front of the players. This should be concluded within 2 weeks of the issue being raised.
- 2: Where this informal contact has not been successful the coach/manager shall refer the matter to the Child Welfare Officer.
- 3: The CWO will consider the issues as presented and decide whether further investigation is necessary or whether the matter can be dealt with simply by way of a written decision referring to the appropriate rules and Code of Conduct. If the complaint raises child welfare issues the matter shall be referred for further investigation. The issue should be concluded within 4 weeks if it goes to the CWO for review.
- 4: Where the CWO determine that a complaint warrants further investigation a formal meeting may be convened. Those present should be the Coach concerned and the parent , both of whom may be accompanied by a partner or friend should they require it, The CWO and 1 other Committee member to minute the meeting. The supporting partner or friend does not have the right to make representations.



5: The meeting will be confidential. Both parties will be afforded the opportunity to present their version of events succinctly and CWO may seek clarification or documentation as is necessary.

The meeting will be conducted politely with respect and with no interruption allowed during the presentation of each person's version of events . In accordance with the Code of Conduct no inappropriate language will be tolerated.

6: The CWO will then consider and deliver a decision for the appropriate resolution of the issue in accordance with the Code of Conduct and Rules for the best interests of FLFC

7: The decision may be given there and then and/or emailed shortly thereafter. This should be concluded within 6 weeks of the issue being raised.

8: The parties should then abide by the decision reached and any further incident involving a breach of the Code of Conduct will result in expulsion from the club in accordance with the rules. There shall be no appeal procedure



RULES AND REGULATIONS

(a) The Club shall have the status of an Affiliated Member Club of The LONDON FA

Association (F.A.) by virtue of its affiliation to/membership of The Football Association. The Rules and Regulations of The Football Association Limited and London F.A. and any League or Competition to which the Club is affiliated for the time being shall be deemed to be incorporated into the Club Rules.

(b) No alteration to the Club Rules shall be effective without prior written approval by the parent Association.

(c) The Club will also abide by The Football Association's Child Protection Policies and Procedures, Codes of Conduct and the Equal Opportunities and Anti- Discrimination Policy



Welcome to the pride