## Risk Assessment 2020 - COVID -19



| STEP 1                             | STEP 2                           | STEP 3                        | STEP 4  | STEP 4 (B)   | STEP 5                      |
|------------------------------------|----------------------------------|-------------------------------|---|--|-----------------------------|
| HAZARD                             | WHO MAY BE<br>HARMED AND<br>HOW? | RISK PRIOR<br>TO<br>CONTROLS? | CONTROL<br>MEASURES<br>REQUIRED   | PERSON<br>RESPONSIBLE                              | RISK<br>CONTROL IN<br>PLACE |
| Social distancing rule of 2 metres | Everyone                         | High - Medium                 | All sessions to be<br>done there will<br>always be a 2m gap<br>No Tackling<br>No Matches<br>No Touching<br>No High Fives  | Coaches  Welfare Officer to oversee overall set up | Medium - Low                |
| Coaches Set Up                     | Everyone                         | High - Medium                 | Strict Limit of 6 per<br>group, but 1 coach<br>can do 2 groups,<br>but include<br>themselves, so up<br>to11 players   | Coaches  Welfare Officer to oversee overall set up | Medium - Low                |
| Players and parents area           | Everyone                         | High - Medium                 | Players will have a designated area to store drinks etc all 2m apart.  Parents will be asked to keep back but within view of the session and there child. Also a minimum of 2m apart from others  There will be a cleaning station for all players to use hand sanitizer. | Coaches Players Parents Welfare Officer to oversee | Low                         |
| Coaches<br>Equipment               | Everyone                         | High - Medium                 | No Bibs to be used as groups are small.  All balls to be cleaned before and after sessions.  Goals if used to be wiped down   | Coaches Welfare Officer to oversee                 | Medium - Low                |



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|------------|----------|---------------|---|--|--------------|
| Player's   | Everyone | High - Medium | All player's to use hand sanitiser that's provided at the start and end of each session  Wear appropriate footwear  We recommend no face masks to be warm as we are outside due to the decrease in breathing in fresh air  Wear shin Pads  Use only the ball given to you by the club  if the ball goes into a goal leave the ball and receive a new one from your coach  Stay2m apart from everyone. If you feel unwell or have any symptoms please refrain from attending your session as per government advice | Coaches Players Parents Welfare Officer to oversee | Medium - Low |
| Facilities | Everyone | High - Medium | First Aid will be in<br>the first aiders<br>designated area<br>and will be brought<br>over to the relevant<br>personnel<br>Coach in charge to<br>be first aid trained.<br>if unsure call 999<br>NO toilets will be<br>available on site   | Coaches First Aider Welfare officer to oversee     | Low          |



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|----------|------------------------|---------------|--|--|--------------|
| Arrival  | Everyone               | High - Medium | All places to be pre<br>booked and<br>payments are done<br>online to prevent<br>the handling of<br>cash.               | Coaches Players Welfare officer to oversee | Medium - Low |
|          |                        |               | If you have any symptoms or are feeling unwell please refrain from attending the session as per government advice.     |  |              |
|          |                        |               | Register will be<br>taken and parents<br>to wait away from<br>the session but<br>within clear view.                    |  |              |
|          |                        |               | Parents to consent<br>to first aid being<br>given  |  |              |
|          |                        |               | We will have a copy<br>of our public<br>Liability and<br>Insurance and<br>affiliation available<br>for parents to see. |  |              |
|          |                        |               | Signage in regard to cleaning hands.   |  |              |
|          |                        |               | Players will be<br>escorted to<br>designated training<br>areas in a safe<br>manner keeping 2m<br>at all times          |  |              |
|          |                        |               | Hand sanitiser to be used by all players before starting   |  |              |
| Sessions | Players and<br>Coaches | Medium - Low  | Players to follow<br>ALL instructions<br>from Coaches and<br>Club staff  | Coaches Players Parents                    | Low          |
|          |                        |               | All exercises will be a minimum of 2m apart  |  |              |
|          |                        |               | Remember to hand sanitise after every break or toilet visit  |  |              |
| Breaks   | Players and<br>Coaches | Medium - Low  | Players are to stay<br>within their<br>designated are<br>given by the club at<br>the start of each<br>session          | Coaches Players parents                    | Low          |



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|--------------------|---|--------------|--|-------------------------|--------------|
| Leaving            | Players and<br>Coaches  | Medium - Low | Players to leave in an orderly manner and this will be done by the group nearest the exit  All players to use hand sanitiser  NO PLAYER is to leave without instruction from their COACH       | Coaches Players parents | Low          |
| Post Session       | Coaches   | Medium - Low | All balls to be washed and cleaned  All cones to be washed and cleaned  All other equipment to be cleaned  | Coaches                 | Low          |
| Pitch Area         | Trip on litter left on<br>the playing area or<br>general areas          | Low          | Check all areas for all, coaches only to remove objects b  | Coaches                 | Low          |
| Car Parking        | Hit by a car in the carpark  Too many people at one time                | Medium - Low | No parking onsite<br>no parking onsite<br>apart from Coaches<br>(if applicable)  | Players<br>Parents      | Low          |
| Equipment          | Hit by a football  Cut by sharp edges on equipment  Trapped in goal net | Low - Medium | To be pumped up and left in the equipment area nowhere else.  Equipment to be checked by coaches and thrown away when need be.  To be secured at all times and checked regularly by club staff | Coaches                 | Low          |
| Spectators         | Putting Photos on<br>social media                                       | Low - Medium | No photos to be taken by parents and spectators, Coaches to check this. Players are to stay with their coach until parent comes to collect their child   | Coaches and<br>Parents  | Low - Medium |
| Collision injuries | Bruising<br>Breaks<br>Fractures<br>Loss of<br>consciousness             | Medium       | Clear areas where players play football. Up to date first aid coaches  | Coaches                 | Low          |



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|-------------------|--|--------|---|------------|--------|
| Contact injuries  | Brusing<br>Twists<br>Breaks<br>Fractures                                 | Medium | Clear areas where players play football. Up to date first aid coaches   | Coaches    | Low    |
| Physical assault  | Punching<br>Kicking<br>Spitting  | Medium | Coaches to be<br>trained to deal with<br>such situations.<br>Ban offenders from<br>participation and<br>spectating                                | Coaches    | Low    |
| Physical injuries | Muscsle tears<br>Muscle pull<br>Twists<br>Sprains<br>Breaks<br>Fractures | Low    | Appropriate warm ups to take place by a training staff member 2m apart when possible. First aid qualifications up to date. Suitable first aid kit | Coaches    | Low    |
| Verbal assault    | Bullying<br>Rumours<br>Insults   | Low    | Coaches and staff<br>training and control.<br>Working with<br>spectators/players<br>to educate and<br>reduce foul play                            |            | Low    |
|                   |  |        |   |            |        |
|                   |  |        |   |            |        |
|                   |  |        |   |            |        |
|                   |  |        |   |            |        |



## We can confirm we have complied with the Government's guidance on managing the risk of COVID-19



We have carried out a **COVID -19 risk assessment** and shared the results with the people who work with us



We have Cleaning, Hand washing and hygiene procedures in line with guidance



We have taken all reasonable steps to help people work with us



We have taken all reasonable steps to maintain a 2m distance in our workplace



Where people cannot be 2m apart, we have done everything practical to **manage transmission risk** 

FOOTBALL CLUB: FURZEDOWN LIONS FC DATE 7TH JUNE 2020

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